

Product Specifications

Product Name: MannaPack™ Rice
Fortified Rice and Soy Blend
Part Number: FMSC MEAL 01-6 MannaPack Rice (36 – 370 g bags)
Revision: 3.0



I. Usage of MannaPack™ Rice

MannaPack™ Rice is designed as a supplemental fortified food to improve dietary intake of calories, protein, vitamins and minerals. It is designed to complement other foods, such as vegetables, fruits, grains and protein foods, as a part of an adequate and well-balanced diet.

II. Ingredient Statement

INGREDIENTS: White Rice, Textured Soy Protein (Soy Flour), Vegetarian Flavoring (Salt, Hydrolyzed Corn Protein, Canola Oil, Natural Flavor, Disodium Inosinate, Disodium Guanylate), Dehydrated Carrots, Dehydrated Potatoes.

VITAMIN & MINERAL PREMIX: Calcium Carbonate (Calcium), Magnesium Oxide (Magnesium), Ascorbic Acid (Vitamin C), Niacinamide (Niacin), Ferric Orthophosphate (Iron), Zinc Oxide (Zinc), d,1-alpha Tocopheryl Acetate (Vitamin E), D-Calcium Pantothenate (Pantothenic Acid), Pyridoxine Hydrochloride (Vitamin B6), Riboflavin, Thiamin Hydrochloride (Thiamin), Vitamin A Palmitate (Vitamin A), Folic Acid, Potassium Iodide (Iodine), Phytonadione (Vitamin K), Selenium Selenite (Selenium), Biotin, Cholecalciferol (Vitamin D3), Cyanocobalamin (Vitamin B12).

CONTAINS: Soy

III. Assembly Method & Packaging

Product is packaged by volunteers in heat-sealed PET/LLDPE pouches which are packed in corrugated cardboard boxes.

IV. Storage & Shelf Life

Product is best if used within 36 months of production. Prepared food not consumed within 4 hours should be discarded. For remainder of unprepared food, close the opened bag and store in cool, dry place and use within one month.

V. Preparation

Shake the sealed bag to mix well. Add contents of package to 1.4 L (6 cups) of boiling water. Stir well, cover and cook over low heat for 20 minutes. Allow to cool as needed. Makes 6 - 1 cup servings.

To Make:	Boil Water	Add Rice Mixture
6 Serving	1.4 L (About 6 cups)	Entire bag

VI. Country of Origin

This product is manufactured in the United States of America.

Revision History

Rev. #	Description of Change	Revision Date	Effective Date	Initials
1.0	Initial release.	08/28/2009	09/08/2009	CP
1.1	Extended Shelf Life	01/26/2015	01/26/2015	MK
2.0	Updated pouch and flavoring change	12/07/2015	12/07/2015	MK
2.5	Vitamin Premix updated: WHO standards	03/14/2019	03/18/2019	MK
2.6	Reformatting	10/09/2019	10/09/2019	ALM
2.7	Update to name adding description	04/01/2020	04/01/2020	MK
3.0	Update part #, grams per bag – soy optimization project	07/17/2023	07/17/2023	JH

Feed My Starving Children

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Nutritional Data

Product Name: MannaPack™ Rice (36 – 370 g bags)
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Part Number: FMSC MEAL 01-6
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Nutrition Facts	
6 servings per bag	
Serving Size 1 cup prepared (63,27g)	
Amount Per Serving	
Calories	212
% Daily Value*	
Total Fat 1.6g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 710 mg	31%
Total Carbohydrate 42g	14%
Dietary Fiber 2.7g	11%
Total Sugars 2.2g	
Includes 0g Added Sugars	0%
Protein 10g	20%
Vitamin D 2.5mcg 25% Folate 35%	
Calcium 352mg 25% Vitamin B12 25%	
Iron 4.5mg 25% Biotin 20%	
Potassium 356mg 8% Pantothenic Acid 10%	
Vitamin A 26% Phosphorus 12%	
Vitamin C 17% Iodine 30%	
Vitamin E 17% Magnesium 21%	
Thiamin 28% Zinc 31%	
Riboflavin 25% Copper 25%	
Niacin 30% Manganese 21%	
Vitamin B6 23%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Revision History

Rev. #	Description of Change	Revision Date	Effective Date	Initials
1.0	Initial release		07/25/2018	MK
2.5	Vitamin Premix updated: WHO standard	03/14/2019	03/18/2019	MK
2.6	Updated name description	04/01/2020	04/01/2020	MK
3.0	Soy Optimization Project – nutrition updated	07/17/2023	07/17/2023	JH