

Nutritional Data

Product Name: MannaPack® Rice (4 – 4.1 kg bag)
Fortified Rice and Soy Protein Meal
Part Number: Package FMSC MEAL 01-9
Revision: 1.0



Nutrition Facts

Servings Per Bag: 65

Serving Size: 1/2 cup (63.27g) 1 cup prepared

Servings Per Box: 260

Amount Per Serving

Calories 212 Calories from Fat 10

% Daily Value*

Total Fat 1.6g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 710mg 31%

Total Carbohydrate 42g 14%

Dietary Fiber 2.7g 11%

Total Sugars 2.2g

Includes 0g Added Sugars 0%

Protein 10g 20%

Vitamin D 2.5mcg 25% Folate 35%

Calcium 352mg 25% Vitamin B12 25%

Iron 4.5mg 25% Biotin 20%

Potassium 356mg 8% Pantothenic Acid 10%

Vitamin A 26% Phosphorus 12%

Vitamin C 17% Iodine 30%

Vitamin E 17% Magnesium 21%

Thiamin 28% Zinc 31%

Riboflavin 25% Copper 25%

Niacin 30% Manganese 21%

Vitamin B6 23%

*Percent Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

		Calories:	2,000	2,500
Total Fat	Less Than		65g	80g
Sat Fat	Less Than		20g	25g
Cholesterol	Less Than		300mg	300mg
Sodium	Less Than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Revision History

Rev. #	Description of Change	Revision Date	Effective Date	Initials
1.0	Initial release		09/03/2024	AT

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Feed My Starving Children

401 93rd Ave NW Coon Rapids, MN 55433
Phone: 763.504.2919 Fax: 763.504.5235 www.fmsc.org

Product Specifications

Product Name: MannaPack® Rice (4 – 4.1 kg bag)
Fortified Rice and Soy Blend
Part Number: FMSC MEAL 01-9
Revision: 1.0



I. Usage of MannaPack® Rice

MannaPack® Rice is designed as a supplemental fortified food to improve dietary intake of calories, protein, vitamins, and minerals. It is designed to complement other foods, such as vegetables, fruits, grains and protein foods, as a part of an adequate and well-balanced diet.

II. Ingredient Statement

INGREDIENTS: White Rice, Textured Soy Protein (Soy Flour), Vegetarian Flavoring (Salt, Hydrolyzed Corn Protein, Canola Oil, Natural Flavor, Disodium Inosinate, Disodium Guanylate), Dehydrated Carrots, Dehydrated Potatoes.

VITAMIN & MINERAL PREMIX: Calcium Carbonate (Calcium), Magnesium Oxide (Magnesium), Ascorbic Acid (Vitamin C), Niacinamide (Niacin), Ferric Orthophosphate (Iron), Zinc Oxide (Zinc), d,1-alpha Tocopheryl Acetate (Vitamin E), D-Calcium Pantothenate (Pantothenic Acid), Pyridoxine Hydrochloride (Vitamin B6), Riboflavin, Thiamin Hydrochloride (Thiamin), Vitamin A Palmitate (Vitamin A), Folic Acid, Potassium Iodide (Iodine), Phytonadione (Vitamin K), Selenium Selenite (Selenium), Biotin, Cholecalciferol (Vitamin D3), Cyanocobalamin (Vitamin B12).

CONTAINS: Soy

III. Assembly Method & Packaging

Product is packaged in a FDA regulated manufacturing plant with the use of machinery. The white rice, textured soy protein and dehydrated vegetables are mixed and added into one large polybag. The vegetarian flavoring with a vitamin and mineral blend is packaged in a separate poly bag. This poly bag containing the flavoring and vitamin and mineral premix is then placed on top of the bag containing the white rice, textured soy protein and dehydrated vegetables, and both bags are packed in a corrugated cardboard box.

IV. Storage & Shelf Life

Product is best if used within 36 months of production. Prepared food not consumed within 4 hours should be discarded. For remainder of unprepared food, close the opened bag and store in cool, dry place and use within one month.

V. Preparation

Add all contents of both packages to boiling water. Stir. Cover and cook over low heat until cooked thoroughly. Allow to cool as needed. Makes 260 – 1 cup serving.

To Make:	Boil Water	Add Both Mixtures
65 Servings	15 L (About 4 gallons)	1 Bag
130 Servings	30 L (About 8 gallons)	2 Bags
195 Servings	45 L (About 12 gallons)	3 Bags
260 Servings	60 L (About 16 gallons)	All contents

VI. Country of Origin

This product is manufactured in the United States of America.

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