

Distribution Report

Partner: ACE

Shipment ID: S25059

Testimony #2330

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Kanyama is a densely populated, low-income community in Lusaka where many families face challenges meeting their daily needs. Households that depend on informal work and irregular earnings often struggle to afford sufficient food, particularly when caring for children with health and nutritional needs. Access to food assistance is important for families experiencing these difficulties, as it helps ease immediate shortages and supports caregivers who are struggling to provide regular meals for their children. UNICEF link documented the link between food insecurity and child undernutrition in Kanyama, highlighting the importance of identifying and supporting vulnerable households.

Many households in Kanyama need reliable access to nutritious food, clean water, adequate sanitation, and stable sources of income. Families with limited or irregular earnings can struggle to provide regular meals, pay rent, and meet healthcare expenses. These challenges can be especially difficult for households caring for children experiencing malnutrition. The community also faces environmental challenges, including seasonal flooding, which can damage sanitation facilities and

increase the risk of water contamination. Continued support for food security, child nutrition, and essential household needs remains important for vulnerable families.

Name

Nasilele Nyambe

Age

9 years old

Gender

male

Occupation

Child

Family Size

5

What Are Their Living Conditions?

Nasilele Nyambe is a nine-year-old boy living with severe acute malnutrition (SAM). He lives with his

mother, Memory Mbaimbai, his younger sister, his aunt, and his six-month-old cousin, Blessing, in a small rented home in Kanyama. Memory is a single mother who earns a small and irregular income by washing clothes for other people. The family pays K450 in monthly rent, which places significant pressure on its limited resources. The household often struggles to afford enough food and sometimes survives on just one meal a day.

Nasilele has stunted growth, and his mother reports that although he can hear, he has never been able to speak. The family is particularly concerned about his nutritional condition and his slow growth. His young cousin, Blessing, is also affected by malnutrition.

Blessing's mother also has to leave home to look for piecework to support the family on days when Memory cannot find piecework, leaving the baby in Memory's care during the day. As a result, Blessing can breastfeed only when her mother returns in the evening. Because breastfeeding alone was not possible throughout the day, she was introduced to porridge earlier than recommended for her age.

Following an assessment by Kanyama Level One Hospital Nutritionists, Alliance for Children Everywhere Zambia began providing a monthly nutrition package that includes Manna Rice for Nasilele and Blessing and supplied infant formula to help supplement Blessing's breast milk. Despite these interventions, the household continues to face financial challenges that make it difficult to meet the children's ongoing nutritional needs.

Describe The Types Of Needs This Individual Has.

Nasilele needs regular access to nutritious food to support his nutritional recovery and growth, alongside continued follow-up from health and nutrition providers. His family also needs consistent access to food and greater financial stability to meet basic household expenses. With his mother relying on irregular earnings from washing clothes, providing adequate meals for the household is a daily challenge, particularly as both Nasilele and Blessing require additional nutritional support.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The rice donation helped ease the family's immediate food shortage and provided additional food for the household. This support reduced some of the pressure on Memory as she works to provide for the malnourished children.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

"We are very thankful to the House of Moses for providing us food. We do not remember the last time we bought a bag of mealie meal or rice. We will ensure to prepare meals for our children so that their weight can improve, especially for Nasilele because he does not seem to grow." — Nasilele's mother, Memory Mbaimbai

Testimony #2332

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

John Laing is a low-income, densely populated community in Lusaka where many households face financial challenges and struggle to meet their basic needs. Families that depend on informal work and irregular earnings can find it difficult to afford sufficient food and other essential household items. Access to safe water and healthcare is also an important community need. Food assistance helps ease immediate food shortages, particularly for vulnerable households caring for children and other family members with disabilities or malnutrition, whose care requires additional time and resources.

Families in John Laing need reliable access to nutritious food, safe drinking water, adequate sanitation and stable sources of income. Limited earning opportunities make it difficult for many households to afford daily meals, rent and medical expenses. Families caring for people with disabilities or chronic illnesses face additional challenges, including transport to health facilities, physiotherapy and ongoing care. Support that improves food security and helps vulnerable households access essential services is important in helping families meet their daily needs.

Name

Elias Mwanza

Age

18 years old

Gender

male

Occupation

Dependent

Family Size

5

What Are Their Living Conditions?

Elias Mwanza is an 18-year-old young man living with autism and severe acute malnutrition (SAM). He is unable to see, speak or walk and depends entirely on his mother, Lillian, for his daily care. Elias also experiences frequent seizures, which cause him to fall and often leave his mouth bruised. His condition requires close attention and places significant physical and emotional demands on his

caregiver.

Elias lives with his mother, his aunt and two other relatives in a rented home in John Laing Compound. Lillian is a single mother who previously earned a living by selling vegetables. However, she has since used up her business capital while trying to provide food and medical supplies for Elias. With her business no longer operating, the family has lost an important source of income, making it increasingly difficult to meet their daily needs.

The family pays K1,200 (approximately US\$64) in monthly rent, which has become increasingly difficult to afford without a reliable income. Providing sufficient food and meeting Elias's ongoing care needs remain major challenges. The household often manages only one or two meals a day, and Lillian also struggles to afford diapers for her son.

Describe The Types Of Needs This Individual Has.

Bright needs consistent access to nutritious food and diapers to support his nutritional recovery and growth. He also requires continued physiotherapy and appropriate medical and nutritional follow-up for his cerebral palsy and severe acute malnutrition. His mother needs support to provide adequate meals and meet essential household expenses, as her small income from selling charcoal residue is not enough to cover the family's needs consistently.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The rice donation helped ease the family's immediate food shortage and provided an additional source of food. For Elias, who is living with severe acute malnutrition, this support helps his mother provide food more regularly as he continues to require nutritional and medical care. The donation also reduced some of the pressure on Lillian, who has struggled to provide enough food for her family since her business stalled. While continued nutritional and medical support remains important

for Elias, the rice has helped address an immediate need and given the family some relief.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

“Elias only has one meal a day. This rice will help him and us have at least two meals a day, and I hope that his health can improve despite the challenges he is facing. Thank you so much for the support.” — Lillian, Elias's mother

Testimony #2334

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

John Laing is a low-income, densely populated community in Lusaka where many households face financial challenges and struggle to meet their basic needs. Families that depend on informal work and irregular earnings can find it difficult to afford sufficient food and other essential household items. Food assistance helps ease immediate food shortages, particularly for vulnerable households caring for children with disabilities or malnutrition, whose care requires additional time and resources. Alliance for Children Everywhere Zambia, working in collaboration with Kanyama Level One Hospital, provide monthly food hampers to parents with children that are severely malnourished and disabled. The rice is an integral part of the package.

Families in John Laing need reliable access to nutritious food, safe drinking water, adequate sanitation, healthcare, and stable sources of income. Research and development initiatives in the community have highlighted challenges related to water supply, good sanitation and infrastructure. Households with limited income may struggle to meet daily food needs while also covering rent and medical expenses. These challenges can be especially difficult for caregivers of children with

disabilities or malnutrition, who must balance their children's care with the need to earn a living. Continued support for food security, and access to essential services is important in helping vulnerable families meet their basic needs and care for their children.

Name

Enock Banda

Age

3 years old

Gender

male

Occupation

Child

Family Size

6

What Are Their Living Conditions?

Enock Banda is a three-year-old boy living with cerebral palsy and severe acute malnutrition (SAM). He is unable to walk or speak and depends entirely on others for his daily care and basic needs. His condition requires close attention and limits his ability to move and interact independently.

Enock lives with his mother, Melody, who is divorced and raising five children on her own. She supports the family through piecework, but caring for Enock makes it difficult for her to travel far in search of work. This limits her earning opportunities and makes it challenging to provide consistently for all her children.

As a result, the family faces significant food shortages and often manages with just one meal a day. Melody must balance Enock's constant care with the need to earn an income and provide for her other children. With limited financial resources, meeting the household's daily food needs remains a major challenge.

Describe The Types Of Needs This Individual Has.

Enock needs consistent access to nutritious food to support his nutritional recovery and growth. He also requires ongoing care and appropriate health and nutrition support for his cerebral palsy and severe acute malnutrition. His mother needs assistance in meeting the family's basic needs, particularly access to sufficient food, as her caregiving responsibilities limit the time and distance she can travel to earn an income. As Enock grows, the need for a wheel chair becomes greater.

How Did This Donation Meet These Needs And Make A Lasting Impact?

For Enock, who is living with malnutrition, the rice helped the family access more food as he continues to need consistent nutritional support for his growth and recovery. The donation also eased some of the pressure on Melody, whose limited income makes it difficult to feed all her children while providing Enock with the care he needs.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

“ I am very thankful to the people helping us with this rice, i like that it contains soya chunks which makes it even more nutritious for my son. Thank you so much. I was failing my family.” – Enock’s Mother, Melody

Testimony #2335

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

John Laing is a low-income, densely populated community in Lusaka where many households face financial challenges and struggle to meet their basic needs. Families that depend on informal work and irregular earnings can find it difficult to afford sufficient food and other essential household items. Access to safe water and healthcare has also been identified as an important community need. Food assistance helps ease immediate food shortages, particularly for vulnerable households caring for children with disabilities or malnutrition, whose care requires additional time and resources.

Families in John Laing need reliable access to nutritious food, safe drinking water, adequate sanitation and stable sources of income. Limited earning opportunities make it difficult for many households to afford daily meals, rent and medical expenses. Families caring for children with disabilities or chronic illnesses face additional challenges, including transport to health facilities, physiotherapy and ongoing care. Support that improves food security and helps vulnerable households access essential services is important in helping families meet their children's needs.

Name

Wilson Banda

Age

14 years old

Gender

male

Occupation

Child

Family Size

9

What Are Their Living Conditions?

Wilson Banda is a 14-year-old boy living with cerebral palsy and severe acute malnutrition (SAM). He is unable to walk or speak and depends entirely on his mother, Vivian, for his daily care. Without a wheelchair, taking Wilson to physiotherapy appointments is difficult, adding to the challenges Vivian faces in ensuring he receives the care he needs.

Wilson and his 4 siblings are being accommodated by Vivian's elder sister in a rented home in John Laing Compound. Wilson's father abandoned the family, leaving Vivian responsible for caring for her children. She earns a small income by selling charcoal, but her earnings are limited and make it difficult to meet the family's basic needs.

Vivian is also caring for children with additional needs. One of Wilson's siblings lives with sickle cell anaemia, while another has a mental health condition, has a child of her own and is currently pregnant. These circumstances place further emotional and financial pressure on Vivian as she tries to support her children and provide the care they need.

The family now receives a monthly food and essential supplies package comprising Manna rice, soya chunks, maize meal, cooking oil, eggs, soya porridge, pounded groundnuts, sugar, salt and diapers. This assistance helps address the family's immediate food needs and provides additional support for Wilson's nutritional care.

Describe The Types Of Needs This Individual Has.

Wilson needs consistent access to nutritious food to support his nutritional recovery and growth. He also requires continued medical care, physiotherapy and appropriate support for his cerebral palsy and severe acute malnutrition. Access to a wheelchair would make it easier for his mother to transport him to appointments and other essential services. His family also needs reliable food assistance and support to manage the financial and care giving responsibilities associated with caring for several family members with additional needs.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The monthly food package helps address Wilson's nutritional needs while also providing food for the wider family. It eases some of the pressure on Vivian, who struggles to provide for her children

through charcoal sales. By helping the family access essential food supplies, the support gives Vivian greater hope as she continues caring for Wilson and working towards improving his health and growth.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

“I am a struggling mother. I have gone through a lot with my children and my marriage. My son Wilson is malnourished because I am unable to provide the food he needs for his growth, and it hurts me to know that I am failing him. I am very grateful to God for sending you to help us with food. It does not only benefit Wilson, it benefits us as a family. I am hoping to see my child gain weight very soon.” — Vivian, Wilson's mother