

Distribution Report

Partner: ACE

Shipment ID: S25010

Testimony #1811

Testimony Type

Local community

Distribution Items

Included Items:

4101-MEN-TSHIRT,4104-MEN-SWTSHIRT

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Makeni Simpson is a low-income community where many elderly people, widows, and families living with chronic illness struggle to meet their daily needs. Access to stable income is limited, and many households depend entirely on informal help from neighbours, churches, and extended family. Distributing clothing and food in this community ensures that vulnerable households especially those caring for elderly or disabled family members receive essential support that they cannot afford on their own. In Makeni Simpson and similar informal settlements in Lusaka, many residents lack stable access to basic services and live in severe poverty. These high-density areas are overcrowded, with poor housing quality, and inadequate water and sanitation infrastructure. (The United Nations in Zambia) While shallow wells often supply water, it is frequently untreated and contaminated, creating serious health risks. (PMC) Many households rely on informal employment or inconsistent support, making it difficult to afford essentials like food, clothing, and medical care. The lack of clean water, reliable sanitation and adequate income poses grave challenges, particularly for the most vulnerable, the elderly, those with disabilities, and full-time caregivers.

Name

Norah Chinyama

Age

70

Gender

female

Occupation

Unemployed full-time caregiver

Family Size

3

What Are Their Living Conditions?

Norah lives with her 83-year-old husband and her 100-year-old in Makeni Simpson, one of Lusaka's low-income settlements where many families face overcrowded housing, limited income opportunities, and unreliable access to basic services. Her living conditions are challenging: her husband suffered a stroke in 2019 and is fully dependent on her for mobility and daily care, while

her mother is nearly blind, hard of hearing, and requires constant supervision. Because Norah is the sole caregiver for both of them, she is unable to work or run a small business, leaving the household with no stable source of income. The family survives on intermittent support from well-wishers and her children, although this help is inconsistent and usually less than K500 per month. They rely on a shallow well at their home for water, which they drink untreated, exposing them to health risks. With limited resources, Norah struggles to provide daily meals, basic necessities, and safe living conditions for her elderly family or two meals a day.

Describe The Types Of Needs This Individual Has.

Her family's needs are wide-ranging. She requires consistent access to balanced meals for herself, her husband, and her elderly mother, as well as safe drinking water and basic hygiene supplies to reduce health risks. Overall, Norah requires ongoing support to lessen the physical and emotional strain of caring for two frail family members while having no stable source of income as she herself is also old.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The donation of hoodies, sweaters, and t-shirts provided immediate warmth and a sense of relief to a family unable to afford clothing. The donation also reaffirmed to Norah that she is not carrying the weight of her caregiving responsibilities alone; someone sees her and cares about her well-being.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

“May God continue blessing you for helping us with warm clothing during this cold season, as I had

no means of buying clothes for my family. As an old woman who just depends on other people, my life is not easy. I am growing old and need help.”

Testimony #1866

Testimony Type

Medical facility

Distribution Items

Included Items:

2316-SURG-MASK

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

The donation was directed to Chongwe District Health Center because it serves an estimated population of over 350,000 people through 43 health facilities, including 35 delivery sites and one district hospital, making the District Health Office a central hub for distributing essential supplies. With births having risen from fewer than 100 to over 400 per day, the demand for PPE and basic items has significantly increased across the district. At the time of the donation, Chongwe was also responding to emerging cholera cases, creating an urgent need for protective equipment to safeguard both health workers and patients. Providing these items ensured that the District Health Center could strengthen its response capacity, support the most under served facilities, and continue delivering safe and effective care to the rapidly growing population.

Hospital/clinic Name

Chongwe District Health Centre

How Many Patients Are Seen On Average Per Day?

400

How Many Medical Staff Are Employed?

What Services Does This Hospital/clinic Provide?

The Chongwe district health office provides primary healthcare services focusing on prevention and treatment. These services are HIV testing and counselling, general out-patient department, treatment and care and psychosocial support

Describe The Types Of Needs The Hospital/clinic Has.

The hospital needs are Personal Protective Equipment (PPE) such as surgical masks and gloves.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The donation directly addressed the district's most urgent gaps. The hospital had completely run out of essential Personal Protective Equipment, especially gloves and masks, which are critical for safe service delivery. Health centers in the districts were even being forced to borrow supplies from other districts because the shortages were so severe. Because the district is the distribution hub for all 43 facilities, the items donated will be spread out to the most under served areas, creating a district-wide impact rather than benefiting just one facility. Overall, this will enable health workers to

continue serving safely

Please Provide A Quote From The Doctor/medical Staff About How They Feel After Receiving This Donation.

Mr. Andrew Chibangula, the Planner at the center said "This donation could not have come at a better time. As a district serving over 350,000 people, with 43 facilities and more than 400 births every day, our need for PPE is constant and we had completely run out of some essential supplies. With cholera cases already recorded, these items will allow us to protect our health workers, respond quickly, and support the facilities that need them most around Chongwe. Even what may seem like simple items make a huge difference in our ability to deliver safe and effective care."

Testimony #1869

Testimony Type

Local community

Distribution Items

Included Items:

4101-MEN-TSHIRT,4104-MEN-SWTSHIRT

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Kanyama Compound faces high levels of poverty, overcrowding, and unstable income opportunities. Many households rely on informal and unpredictable work, making it difficult to meet basic needs such as food, clothing, and adequate shelter. Families like Bedes's are especially vulnerable because they care for multiple dependents without reliable financial support. Distributing clothing and essential supplies in this community helps address chronic shortages of food, warm clothing, and basic comfort items, particularly for children who struggle to attend school with proper attire.

Name

Bedes Musonda

Age

50

Gender

female

Occupation

Collects used bottles from the street and resales for recycling

Family Size

9

What Are Their Living Conditions?

Bedes is a widow who has lived in Kanyama for over ten years. She currently stays in a small one-room house that her family provided after her husband passed away. The space is overcrowded and partitioned to create a sleeping area for the children and a small cooking corner. Despite her efforts to make it functional, the structure is fragile and leaks during the rainy season, often leaving the family cold and uncomfortable. With eight school-going children under her care and no stable source of income, the household faces daily challenges in maintaining basic living standards.

Describe The Types Of Needs This Individual Has.

Bedes's needs are extensive due to the size of her household and the limited income she generates. She requires consistent access to food, especially for the children who often eat only once a day. She also needs proper clothing and shoes for the children to attend school and church

with dignity. The family lacks reliable shelter, particularly a roof that can protect them during the rainy season. Additionally, Bedes needs ongoing support to manage essential expenses such as food, school-related costs, and household necessities.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The donation of hoodies, T-shirts, shoes, mosquito nets, food items, and other essentials provided immediate relief to Bedes's family. The warm clothing ensures the children are protected during the cold season, and the new clothes and shoes allow them to attend school and church confidently, something they previously relied on neighbors to provide. The food supplies reduced the pressure on Bedes, giving the children consistent meals and easing one of her greatest daily struggles. This support has strengthened the family's well-being during a difficult period.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

"I am very grateful for this support," Bedes said. "It has brought joy to my family, especially my children. I hope more of my friends in similar situations can also receive this kind of help."

Testimony #1871

Testimony Type

Medical facility

Distribution Items

Included Items:

9104-KIDS-COTS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

The cot beds were distributed to Chongwe District Health Centre because it serves as one of the busiest facilities in a district of over 350,000 people, acting both as a primary care provider and a central point where surrounding facilities come to access essential supplies. With births in the district now exceeding 400 per day and many children needing urgent care, the center and surrounding centers face shortages in bed space, especially when multiple patients arrive at once or when children are brought in unable to walk. Staff expressed that the new stretchers will not only support the safe transfer of patients who cannot move on their own but will also double as additional bed space during high-pressure moments when the facility is overwhelmed. Given the community's growing population, the limited infrastructure, and the high demand for pediatric and maternal services, these cot beds directly address one of the greatest and most persistent needs in the area.

Hospital/clinic Name

Chongwe District Health Center

How Many Patients Are Seen On Average Per Day?

400

How Many Medical Staff Are Employed?

What Services Does This Hospital/clinic Provide?

The Chongwe district health office provides primary healthcare services focusing on prevention and treatment. These services are HIV testing and counselling, general out-patient department, treatment and care and psychosocial support

Describe The Types Of Needs The Hospital/clinic Has.

The hospital needs are Personal Protective Equipment (PPE) such as surgical masks and gloves including sufficient bed space

How Did This Donation Meet These Needs And Make A Lasting Impact?

The donation of stretchers/cot beds made a lasting impact by directly addressing the shortage of patient beds at Chongwe District Health Center. Staff reported that patients who could not walk due to shortage of wheelchairs and stretchers will now get immediate help when they arrive at the facility. Additionally, the stretchers provide flexible space for children during peak periods, ensuring that all patients receive timely attention. Beyond the immediate benefits, these resources strengthen

the center's capacity to serve not only its own patients but also other facilities that depend on it for support, creating a ripple effect of improved healthcare access in the community.

Please Provide A Quote From The Doctor/medical Staff About How They Feel After Receiving This Donation.

One nurse said; "When a patient has just been brought in and cannot walk, these will serve as both stretchers and additional bed space, especially when we have many children to attend to and limited beds, so we are very grateful for this timely donation."

Testimony #1872

Testimony Type

Local community

Distribution Items

Included Items:

4101-MEN-TSHIRT,4104-MEN-SWTSHIRT

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Kanyama Compound faces persistent challenges related to poverty, overcrowding, and limited economic opportunities. Many households rely on small, irregular sources of income that cannot cover basic needs such as food, rent, clothing, and medical care. Elderly caregivers like Mirriam, who care for grandchildren while having little financial support, are particularly vulnerable. Distributing warm clothing in this community helps protect families during cold and rainy periods while relieving some of the financial strain that prevents them from purchasing essential items

Name

Miriam Chilemalema

Age

67

Gender

female

Occupation

Popcorn vending from home

Family Size

6

What Are Their Living Conditions?

Miriam has lived in Kanyama for more than 20 years, sharing her rented home with her husband and four grandchildren. Her family has endured significant hardship, including the loss of three of her seven children. Despite her age and the emotional burden of these losses, she continues to carry the responsibility of raising her grandchildren. With limited space, unstable income, and inconsistent help from her surviving children, who also struggle financially, the household faces ongoing challenges in meeting daily needs. Paying rent and securing enough food are constant worries.

Describe The Types Of Needs This Individual Has.

Miriam's needs revolve around securing the basic necessities required to sustain her household. She urgently needs reliable access to daily meals for her grandchildren, along with a stable income

that can consistently cover rental payments. Warm and adequate clothing is essential, especially for the children who are growing and face cold, rainy seasons without proper attire.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The donation of hoodies and T-shirts came at the perfect time, just as the rainy and cold season began. The warm clothing provided immediate comfort and protection for Mirriam and her grandchildren, items she could not afford to buy on her small income of K200 per month. The support eased her financial burden and gave her family joy, especially the children who now have clean, warm clothing during harsh weather conditions.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

“I am very happy to have received this timely gift of warm hoodies,” Mirriam said. “They are brand new. I never make enough money to buy new clothes so I am very grateful for this gift.”