

Distribution Report

Partner: ACE

Shipment ID: S25007

Testimony #1937

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Kanyama Compound is a densely populated, low-income community in Lusaka where many households struggle to meet their basic daily needs. The area is home to a high number of elderly people, widows, and families affected by chronic illness, unemployment, and informal livelihoods. Access to stable income is extremely limited, and many residents depend on irregular support from neighbours, churches, and extended family networks. Distributing food and clothing in Kanyama helps reach the most vulnerable households particularly elderly couples and families caring for dependents who are unable to afford essential items on their own.

Name

Kasanga Mundanya

Age

Gender

male

Occupation

Unemployed (Church elder)

Family Size

7

What Are Their Living Conditions?

Kanyama faces severe challenges related to poverty, overcrowding, and inadequate infrastructure, which are further intensified during the rainy season. Heavy rains often lead to flooding, poor drainage, and contaminated water sources, increasing the risk of waterborne diseases and food insecurity. Many households rely on shallow wells and informal water sources that become unsafe during the rains. Housing structures are often weak and leak during storms, exposing families to cold and damp conditions. According to recent assessments by the United Nations in Zambia, informal settlements like Kanyama experience persistent food insecurity, limited access to clean water and sanitation, and heightened vulnerability during seasonal rains <https://zambia.un.org> Studies also show that untreated water use in high-density Lusaka compounds poses serious public health risks, especially for elderly residents : <https://pmc.ncbi.nlm.nih.gov>

Describe The Types Of Needs This Individual Has.

Kasanga Mundanya lives with his wife, their children, and grandchildren, making a household of seven dependents. He and his wife earn less than K500 per month, mainly from selling guavas harvested from a single guava tree in their yard. This income is insufficient to meet basic needs, including food, resulting in the family eating only one meal a day, and occasionally two when assisted by church well-wishers. Kasanga's wife has been chronically ill for the past seven years and is unable to engage in any form of physical work. Her only contribution is selling guavas from outside their yard when her health allows. None of their children has stable employment, and due to old age, Kasanga and his wife are no longer physically able to work. The household lives in constant uncertainty, struggling to secure food and basic necessities.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The donation directly addressed the family's most urgent need, food security. At the time of assistance, the household was surviving on only one meal per day. The food support provided immediate relief, ensured the family could eat more regularly, and reduced the daily anxiety of not knowing where their next meal would come from. Beyond meeting physical needs, the donation restored a sense of dignity and reassurance to an elderly couple who feel forgotten due to their inability to work, reminding them that they are valued and supported.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

"It is hard to have three meals a day because we can no longer work. We survive through small help and God's grace, and we are truly grateful that you remembered us in our old age."

Testimony #1940

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

John Laing is a densely populated, low-income settlement in Lusaka characterized by high unemployment, informal housing, and limited access to stable livelihoods. Many residents depend on informal trading and piecework, which provides irregular and insufficient income to meet basic household needs. During the rainy season, living conditions worsen due to flooding, poor drainage, and increased food insecurity. Families headed by single parents, particularly women caring for children with disabilities, are especially vulnerable. Distributing food and essential items in John Laing helps address urgent needs such as hunger, lack of basic household supplies, and the inability of families to afford adequate shelter and nutrition.

Name

Catherine Zulu

Age

Gender

female

Occupation

Informal Trader (Sells sachets of water and avocados when they are in season)

Family Size

3

What Are Their Living Conditions?

Catherine lives in a small one-bedroom house with her two children, a 17-year-old son with a speech impairment and a teenage daughter. She pays K300 in rent, which she earns from selling sachets of water and avocados when they are in season. This income is unreliable and insufficient to meet the family's basic needs. The household often survives on only one meal a day, and there are times when they do not prepare meals together at all. Instead, each family member depends on food from friends and neighbours. Due to financial pressure, Catherine's son dropped out of school to look for piecemeal work to help support the household. Catherine expressed distress that she cannot afford a larger home to provide dignity and privacy for her children of opposite sexes.

Describe The Types Of Needs This Individual Has.

Catherine and her children face persistent economic hardship due to the absence of a stable income and lack of access to government or social protection support. The family urgently needs reliable food assistance, as their current income from selling water at approximately K2 (USD 0.09) per sachet is not enough to sustain regular meals. They also need financial support to afford decent housing, educational support for her children, especially her son with a disability, and basic household essentials that can help restore dignity and stability to their daily lives.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The donation provided immediate relief by addressing the family's most urgent need, food. Receiving rice ensured that Catherine and her children could have a proper meal at a time when they were facing hunger and uncertainty. The support reduced the pressure on Catherine to find food on a daily basis and gave her temporary stability and reassurance. Beyond meeting physical needs, the donation affirmed to Catherine that her struggles are seen and that she and her children are not alone, offering renewed hope during a very difficult period.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

"I am grateful for this gift of rice. My life is not easy. This will be our first meal of the day."

Testimony #1941

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Kanyama Compound is one of Lusaka's largest and most densely populated informal settlements, where many families live below the poverty line and rely on unstable, informal income sources. Widows, single caregivers, and households caring for children with disabilities are among the most vulnerable. During the rainy and cold seasons, families face increased hardship due to food shortages, poor housing conditions, and lack of warm clothing. Distributing food and essential items in Kanyama helps meet urgent needs for households that cannot reliably afford daily meals, clothing, or basic household necessities.

Name

Given Kampamba

Age

Gender

female

Occupation

Informal piecework (washing clothes and other casual labour)

Family Size

8

What Are Their Living Conditions?

Given is a widow living in Kanyama Compound with seven of her children. She has no stable source of income and survives by doing piecework, such as washing clothes for neighbours, for very small and irregular payments. One of her children is a girl with a physical disability who uses a wheelchair and requires constant care and supervision. Given carries the full responsibility of caregiving alone, dividing her time between looking after her disabled child and meeting the needs of her other children. The family rents a small two-room house, which is overcrowded for a household of eight. Due to her limited income, the family can afford only one meal a day, leaving the children vulnerable to hunger and poor nutrition.

Describe The Types Of Needs This Individual Has.

Given's primary need is consistent access to food for her children. She earns less than K500 per month (approximately USD 20–22), which is insufficient to cover basic household expenses such as food, rent, and care needs for her child with a disability. The family requires food assistance, financial support to stabilize their income, and continued support to help ease the burden of care giving and ensure the well-being of all the children.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The donation provided immediate relief by addressing the family's most urgent need, food. The Manna Pack ensured the household had meals during a time when they could not afford enough food, and Given shared that her son was especially happy to receive it. This support reduced daily stress, brought short-term stability, and reassured Given that she is not alone in caring for her children.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

"I am very happy to have received this rice. It will take us a long way. Thank you for helping us."

Testimony #1942

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Kanyama Compound is one of Lusaka's largest and most densely populated informal settlements, where many families live below the poverty line and rely on unstable, informal income sources. Widows, single caregivers, and households caring for children with disabilities are among the most vulnerable. During the rainy and cold seasons, families face increased hardship due to food shortages, poor housing conditions, and lack of warm clothing. Distributing food and essential items in Kanyama helps meet urgent needs for households that cannot reliably afford daily meals, clothing, or basic household necessities.

Name

Alice Mulenga

Age

Gender

female

Occupation

Informal piecework

Family Size

7

What Are Their Living Conditions?

Alice is a single woman living in Kanyama Compound with six of her children. She has no stable source of income and survives by doing piecework, such as washing clothes for neighbours, for very small and irregular payments. She carries the full responsibility of caregiving alone, dividing her time between looking after her small children and looking for food by doing piece works. Due to her limited income, the family can afford only one meal a day, leaving the children vulnerable to hunger and poor nutrition.

Describe The Types Of Needs This Individual Has.

Alice earns a very limited and inconsistent income of less than K1,000 per month, which she uses to

cover rent and provide basic needs for her family. Because this income is irregular, she is often unable to reliably meet essential household expenses, including food, rent, and other daily necessities. The family remains vulnerable to food insecurity and financial instability due to the lack of a stable source of income.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The donation significantly eased Alice's burden of providing meals for her children. With food support received, she shared that she is now able to redirect part of her limited income toward other critical household needs such as rent and basic essentials. This assistance brought immediate relief, reduced daily stress, and provided temporary stability for her family during a difficult period.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

"This rice will now serve as our second meal of the day moving forward. Thank you so much for thinking of us."