

Distribution Report

Partner: A4JB

Shipment ID: S25062

Testimony #2214

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Marlon Walter lives in Dangriga, the largest town in southern Belize. While Dangriga serves as a regional center for commerce and government services, many residents still struggle with unemployment, chronic health conditions, and the rising cost of food. Individuals living alone with serious medical conditions are particularly vulnerable, as limited income often forces difficult choices between food, housing, and healthcare. Staple food assistance provides essential support for people facing these daily challenges.

Name

Marlon Walter

Age

63

Gender

male

Occupation

Unable to work due to declining health

Family Size

1

What Are Their Living Conditions?

Marlon lives alone in a small one-bedroom apartment with very limited natural light. The apartment has a leaking roof, making it difficult to keep the living space dry and comfortable during periods of rain. Despite these challenges, he continues to maintain his home as best he can while managing significant health concerns.

Describe The Types Of Needs This Individual Has.

Marlon is in poor health and has no reliable source of income. He is currently receiving care through the Stann Creek Palliative Care Program, reflecting the seriousness of his medical condition. Living alone with limited financial resources makes it difficult to consistently obtain nutritious food, adding to the challenges of managing his health and maintaining his strength.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The April 2026 shipment of MannaPack Rice provided Marlon with the food he depends on most. Because of his declining health, limited income, and inability to consistently purchase groceries, the rice has become his primary source of nourishment when it is available. This donation helped ensure he could eat regular meals while reducing the financial burden of obtaining food, allowing him to focus his limited energy on managing his health.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

"This is all I eat when I have it."

(Paraphrased from Marlon. English is limited.)

Testimony #2215

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Kelsey lives in the Light of the Valley community near Mile 18 on the Hummingbird Highway in Stann Creek District, Belize. Like many families in this rural area, her household faces the challenges of limited employment opportunities, rising food costs, and the responsibility of caring for aging family members. Food assistance helps families maintain nutritious meals while allowing limited household income to be used for other essential needs.

Name

Kelsey

Age

32

Gender

female

Occupation

Primary caregiver for her family

Family Size

5-Kelsey lives with her 93-year-old grandmother and her two sons. Two adult cousins also live in the household, sharing responsibilities and resources.

What Are Their Living Conditions?

Kelsey and her family live in a modest concrete home in the Light of the Valley community. The home provides shelter for multiple generations living together and sharing limited resources. While the house offers stability, supporting a large household requires careful budgeting and stretching every available resource to meet daily needs.

Describe The Types Of Needs This Individual Has.

Kelsey serves as the primary caregiver for her 93-year-old grandmother, whose age requires ongoing attention and care. Balancing caregiving responsibilities while providing for a household of five places significant demands on the family's finances. Like many families in rural Belize, rising food prices make it increasingly difficult to provide nutritious meals while meeting other household

expenses.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The April 2026 shipment of MannaPack Rice provided a dependable staple food for Kelsey's household. Because rice is a regular part of their family's meals, receiving it through World Help allowed the money normally spent on rice to be used for other nutritious foods, including fresh vegetables. This assistance reduced financial stress and helped the family provide more balanced meals while continuing to care for Kelsey's elderly grandmother.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

"The rice lets us buy vegetables and other food for the family."

(Paraphrased from Kelsey.)

Testimony #2216

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Anna Rivera and Glenda Hernandez are sisters living in the Light of the Valley community near Mile 18 on the Hummingbird Highway in Stann Creek District, Belize. Like many families in this rural community, they face limited employment opportunities and rising food costs while caring for a large extended family. The April 2026 shipment of MannaPack Rice was distributed to help provide consistent nutrition and relieve financial pressure on households caring for multiple generations under one roof.

Name

Anna Rivera & Glenda Hernandez

Age

Anna: 29; Glenda: 24

Gender

female

Occupation

Anna's Husband Works (Occupation Unknown)

Family Size

9 - The household includes the two sisters, their parents, Anna's two children, Glenda's two children, and other immediate family members living together and sharing resources

What Are Their Living Conditions?

Anna and Glenda live with their extended family in a very small concrete home with a tin roof and cement floors. The home has visible gaps in portions of the walls, and meals are prepared in a simple outdoor kitchen. Despite the limited space, the family has created a home where multiple generations live together and care for one another. The family also keeps chickens and geese around the home, which help supplement the household food supply whenever possible.

Describe The Types Of Needs This Individual Has.

Supporting a household of nine places significant demands on the family's limited income. While one member of the household works, available income must stretch to provide food and basic necessities for everyone. Anna also prepares and sells fried plantains to earn additional income

whenever possible, but the extra earnings are modest and often insufficient to meet the needs of such a large family. Rising food costs make staple food assistance especially valuable.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The April 2026 shipment of MannaPack Rice provided the family with a dependable source of food that could be served as part of nearly every evening meal. By reducing the amount of household income needed to purchase rice, the donation allowed limited financial resources to be directed toward other necessities while ensuring that everyone in the home had access to nutritious meals. For a household of nine, this assistance brought both practical relief and peace of mind.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

"When we don't have money, we come ask for rice."

Testimony #2218

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Josephina Cowo lives in the Light of the Valley community near Mile 18 on the Hummingbird Highway in Stann Creek District, Belize. Many families in this rural community depend on seasonal agricultural work, where employment and income fluctuate throughout the year. Rising food costs make it difficult for larger households to consistently provide nutritious meals. The April 2026 shipment of MannaPack Rice was distributed to help families like Josephina's meet these daily needs while easing financial pressure.

Name

Josephina Cowo

Age

Gender

female

Occupation

Caregiver

Family Size

6 - Josephina lives with her parents and three children, sharing resources and responsibilities within a multi-generational household.

What Are Their Living Conditions?

Josephina's family lives in a modest home with cement floors and aging construction. The roof has visible gaps that allow water to enter during heavy rains, and sections of old metal sheets have been used to divide rooms inside the house. Moisture has contributed to mold on portions of the walls. Although the home provides shelter for the family, it requires ongoing repairs and presents daily challenges.

Describe The Types Of Needs This Individual Has.

Josephina's household depends largely on her father's seasonal agricultural employment. He typically works only a few days each week under a labor contract with nearby farms in the Silk Grass area, making the family's income inconsistent. With six people depending on limited wages, careful

budgeting is essential. Like many families in rural Belize, they rely on inexpensive staple foods to meet daily nutritional needs.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The April 2026 shipment of MannaPack Rice provided Josephina's family with a dependable staple food, allowing limited household income to be used for other necessities. Rice and beans make up many of their meals, and receiving the rice reduced the financial burden of feeding a family of six.

Josephina has also found creative ways to prepare the MannaPack Rice. Josephina combines the rice and soy to make homemade patties for her children. They enjoy them so much that they regularly ask to take them as snacks to school, turning a simple food donation into nourishing meals beyond the dinner table.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

"The rice helps because I don't have to buy it, and I can use that money for other food."

(Paraphrased from Josephina.)

Testimony #2220

Testimony Type

Local community

Distribution Items

Included Items:

1101-RICE-MEALS

Why Were The Items Distributed Here? What Are The Greatest Needs In This Community?

Romelia Abrego lives in the Steadfast community of Stann Creek District, Belize. Many families in this rural area face limited employment opportunities and increasing food costs. Households caring for family members with special needs or experiencing the loss of a primary wage earner are especially vulnerable. The April 2026 shipment of MannaPack Rice was distributed to help provide dependable nutrition and ease the financial burden on families facing these challenges.

Name

Romelia Abrego

Age

Gender

female

Occupation

Caregiver

Family Size

6

What Are Their Living Conditions?

Romelia and her family live in a modest home with concrete exterior walls, a tin roof, and plywood interior walls. The home provides shelter for a household of six, including her adult son with special needs. While simple, the family has worked to make the home functional with the resources available.

Describe The Types Of Needs This Individual Has.

Romelia is the primary provider and caregiver for her household. Her husband is currently incarcerated, leaving her to care for six family members, including an adult son with special needs. With limited income and significant family responsibilities, providing regular meals requires careful planning and stretching every available resource. Like many families in rural Belize, they depend on affordable staple foods to meet their daily nutritional needs.

How Did This Donation Meet These Needs And Make A Lasting Impact?

The April 2026 shipment of MannaPack Rice became a regular part of the family's meals, often providing both lunch and supper and, at times, breakfast as well. Romelia carefully separates the soy seasoning from the rice, seasoning each differently to create multiple meals for her family. This thoughtful approach allows every package to feed more people and provide greater variety throughout the week.

Because the rice met such a significant portion of the family's food needs, the money that would have been spent purchasing rice could instead be used for other essential household expenses. This provided both practical relief and greater food security for her family.

Please Provide A Quote From The Individual About How They Feel After Receiving This Donation.

"God sends people to help me. God blesses us by sending people like those who send the rice."